

**APPENDIX B**  
**HERBAL PRESCRIPTIONS FOR CASE STUDY CALVIN DOE**

**5/18/1995 ~ 5 BAGS**

Mai Men Dong 10  
Wu Wei Zi 6  
Sheng Di 12  
Gou Qi Zi 12  
Shan Yao 10  
Mu Dan Pi 10  
Shan Zhu Yu 15  
Fu Ling 10  
Dan Shen 15  
Ji Xue Teng 15

**5/26/95 ~ 5 BAGS**

**6/10/95 ~ 5 BAGS**

- Shan Yao  
+Bai Zi Ren 6  
+ Bai Ji Li 6

**6/21/95 ~ 5 BAGS**

+Shi Hu 12  
+Shu Di 10

**6/29/95 ~ 5 BAGS**

**7/22/95 ~ 5 BAGS**

Si Gua Lou 6  
Ma Huang 3  
Fang Feng 6  
Jing Jie 6  
Jiang Huang 10  
San Qi 12  
Di Long 6  
Gan Cao 6  
Gui Zhi 6  
Fu Zi 4  
Bu Gu Zhi 15  
Ba Ji Tian 15  
Fu Shen 6

6/29/95 formula also given **3 BAGS**

**9/5/95 ~ 5 BAGS**

+Bai Zhu 9  
+ Sang Ji Sheng 10

**11/29/95 ~ 5 BAGS**

return to formula from 6/21  
continue

**12/15/95 ~ 5 BAGS**

**12/26/95 ~ 5 BAGS**

**3/13/96 ~ 5 BAGS**

**4/13/95 ~ 5 BAGS**

+Xian Mao 15  
+Yin Yang Huo 15  
+Yang Qi Shi 20

**6/25/96 ~ 10 BAGS**

- Xian Mao

**7/25/96 ~ 5 BAGS**

replace Yang Qi Shi  
w/Ba Ji Tian 10

**9/12/96 ~ 5 BAGS**

**10/7/96 ~ 5 BAGS**

**12/7/96 ~ 5 BAGS**

again, substitute  
Yang Qi Shi  
w/Sang Ji Sheng

**4/2/97 ~ 5 BAGS**

+Yin Yang Huo 10  
+Yang Qi Shi 10

**4/21/97 ~ 5 BAGS**

-Bai Ji Li  
+Bu Gu Zhi 10

**5/3/97 ~ 5 BAGS**

-Bu Gu Zhi  
+Bai Ji Li 10

**5/28/97 ~ 5 BAGS**

**7/1/97 ~ 5 BAGS**

**8/23/97 ~ 5 BAGS**

**9/27/97 ~ 5 BAGS**

Tian Ma 6  
Shu Di 10  
Gou Qi Zi 12  
Shan Zhu Yu 12  
Fu Ling 9  
Shi Hu 10  
Ju Hua 10  
Bai Ji Li 10  
Ze Xie 3  
Ji Xue Teng 12  
Chai Hu 6  
Shi Chang Pu 3

**10/4/97 ~ 5 BAGS**

**11/17/97 ~ 5 BAGS**

**12/10/97 ~ 5 BAGS**

Shan Zhu Yu 12  
Bai Ji Li 10  
Gou Qi Zi 10  
Shi Hu 12  
Gong Ju Hua 10  
Lu Lu Tong 10  
Ji Xue Teng 12  
Tian Ma 6  
Shu Di 10  
Fu Ling 3  
Ze Xie 3  
Fu Shen 3

**1/5/98 ~ 5 BAGS**

**1/28/98 ~ 5 BAGS**

**2/24/98 ~ 5 BAGS**

-Ju Hua  
+Shi Chang Pu 6  
+Fu Pen Zi 10

**3/23/98 ~ 5 BAGS**

**5/13/98 ~ 5 BAGS**

**6/10/98 ~ 5 BAGS**

7/20/98 ~ 5 BAGS  
8/19/98 ~ 5 BAGS  
9/22/98 ~ 5 BAGS  
10/27/98 ~ 5 BAGS

12/5/98 ~ 5 BAGS  
Tian Ma 6  
Shan Zhu Yu 10  
Gou Qi Zi 10  
Lu Lu Tong 10  
Ji Xue Teng 10  
Shu Di 10  
Bai Ji Li 10  
Fu Ling 6  
Ze Xie 6  
Shi Chang Pu 6  
Fu Pen Zi 10  
Shen Jin Cao 10  
Ju Hua 6

1/7/99 ~ 5 BAGS

2/18/99 ~ 5 BAGS  
- Ju Hua

3/23/99 ~ 5 BAGS  
Da Zao 5 pc  
Gan Cao 3

4/14/99 ~ 5 BAGS  
5/25/99 ~ 5 BAGS  
6/29/99 ~ 5 BAGS  
8/6/99 ~ 5 BAGS  
11/3/99 ~ 5 BAGS

3/11/2000 ~ 5 BAGS  
-Shen Jin Cao  
+Dan Shen 15

4/10/00 ~ 5 BAGS  
-Ju Hua  
-Da Zao  
-Ze Xie  
-Dan Shen

5/13/00 ~ 5 BAGS  
5/16/00 ~ 5 BAGS  
7/1/00 ~ 5 BAGS  
12/11/00 ~ 5 BAGS

1/19/01 ~ 5 BAGS  
2/24/01 ~ 5 BAGS

3/7/01 ~ 5 BAGS  
Dang Shen 10  
Bai Zhu 10  
Fu Ling 10  
Zhi Gan Cao 3  
Chen Pi 6  
Ban Xia 6  
Nan Sha Shen 10  
Bei Sha Shen 10  
Pi Pa Ye 10  
Bai Qian 6  
Kuan Dong Hua 6  
Mai Men Dong 10  
Sheng Di 10  
Xuan Shen 10

4/7/01 ~ 5 BAGS

Gou Qi Zi 10  
Xu Duan 10  
Tian Ma 3  
Fu Pen Zi 10  
Dang Gui 6  
Gou Qi Zi 10  
Ji Xue Teng 10  
Bai Ji Li 10  
Fu Ling 10  
Dan Shen 10  
Huang Qi 10  
Dang Shen 10

5/5/01 ~ 5 BAGS

6/9/01 ~ 5 BAGS

7/30/01 ~ 5 BAGS  
+Chuan Niu Xi 10

4/19/02  
-Niu Xi  
+ Gou Teng 6  
+ Chuan Xiong 3

5/31/02 ~ 5 BAGS

Shan Zhu Yu 12  
Bai Ji Li 10  
Gou Qi Zi 10  
Shi Hu 10

Ju Hua 10  
Lu Lu Tong 10  
Ji Xue Teng 12  
Tian Ma 6  
Shu Di 10  
Fu Ling 3  
Ze Xie 3  
Shi Chang Pu 3  
Chai Hu 10

8/10/02 ~ 5 BAGS

Long Yan Rou 6  
Mu Xiang 6  
Suan Zao Ren 10  
Yuan Zhi 15  
Dang Gui 10  
Huang Qi 10  
Hou Po 10  
Yan Hu Suo 10  
Chuan Lian Zi 10

8/22/02 ~ 5 BAGS

12/30/02 ~ 5 BAGS

Shan Zhu Yu 6  
Fu Pen Zi 10  
Bai Ji Li 10  
Gou Qi Zi 10  
Shi Chang Pu 10  
Tian Ma 3  
Yuan Zhi 10  
Fu Ling 10  
Shu Di 10  
Chai Hu 3  
Shan Yao 10  
Wu Wei Zi 10

5/6/03 ~ 5 BAGS

6/23/03 ~ 5 BAGS

9/15/03 ~ 5 BAGS

- Yuan Zhi replace w/  
+ Ji Xue Teng 10  
-Long Yan Rou replace w/  
+Dan Shen 10

12/04/03 ~ 5 BAGS

Shan Zhu Yu 6  
Fu Pen Zi 10

Mi Meng Hua 10  
Bai Ji Li 10  
Gou Qi Zi 10  
Ju Hua 10  
Tian Ma 3  
Ji Xue Teng 10  
Dan Shen 10  
Shu Di 9  
Shan Yao 9  
Wu Wei Zi 9  
Lu Lu Tong 5

1/22/04 ~ 5 BAGS

3/20/04 ~ 5 BAGS

4/21/04 ~ 5 BAGS

Shi Hu 10  
Tian Ma 6  
Shu Di 10  
Sheng Di 10  
Gou Qi Zi 10  
Shan Zhu Yu 10  
Mu Dan Pi 10  
Fu Ling 10  
Dan Shen 15  
Ji Xue Tang

6/1/04 ~ 5 BAGS

6/24/04 ~ 5 BAGS

Huang Qin 10  
Jie Geng 10  
Gan Cao 3  
Pi Pa Ye 10  
Xing Ren 10  
Jin Yin Hua 10  
Lian Qiao 10  
Niu Bang Zi 6  
Fang Feng 6  
Qiang Huo 10  
Du Huo 6  
Zhu Ye 6  
Sheng Di 10  
Ge Gen 10

7/17/04 – return to formula from

4/24/04 ~ 5 BAGS

+ Shan Zha 15

8/12/04 ~ 5 BAGS

Shi Hu 10  
Tian Ma 6  
Shan Zha 15  
Shu Di 10  
Sheng Di 10  
Gou Qi Zi 10  
Shan Zhu Yu 6  
Mu Dan Pi 6  
Fu Ling 10  
Dan Shen 10  
Ji Xue Teng 15

10/25/04 ~ 5 BAGS

+Xi Xin 10  
+Mu Gua 20  
+Bai Shao 30  
+Gan Cao 10  
+ Sang Zhi 30

2/8/05 ~ 5 BAGS

Shan Zhu Yu 10  
Bai Ji Li 10  
Gou Qi Zi 10  
Ju Hua 10  
Gou Teng 10  
Ji Xue Teng 10  
Mu Dan Pi 10  
Shu Di 10  
Shan Yao 10  
Wu Wei Zi 10  
Lu Lu Tong 6

5/13/05 ~ 5 BAGS

Bai Ji Li 10  
Gou Qi Zi 10  
Ju Hua 10  
Xin Yi Hua 10  
Bai Zhi 10  
Shan Zhu Yu 6  
Fu Pen Zi 10  
Fu Ling 10  
Shu Di 10  
Shan Yao 10  
Nu Zhen Zi 10  
Wu Wei Zi 10  
Cang Er Zi 3

6/28/05 ~ 5 BAGS

Bai Ju Hua 10  
Gou Qi Zi 10  
Fu Pen Zi 10  
Shan Zhu Yu 6  
Fu Ling 6  
Shu Di 10  
Shan Yao 6  
Wu Wei Zi 10  
Bai He 10  
Pi Pa Ye 10  
Lu Lu Tong 6  
Gui Zhi 10  
Ba Ji Tian 10  
Nu Zhen Zi 10

10/29/05 ~ 5 BAGS

(return to formula from 3/23/98)

Tian Ma 6  
Shan Zhu Yu 12  
Gou Qi Zi 10  
Lu Lu Tong 10  
Ji Xue Teng 10  
Shu Di 10  
Bai Ji Li 10  
Fu Ling 6  
Ze Xie 6  
Fu Pen Zi 10  
Shen Jin Cao 10  
Shi Chang Pu 6

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